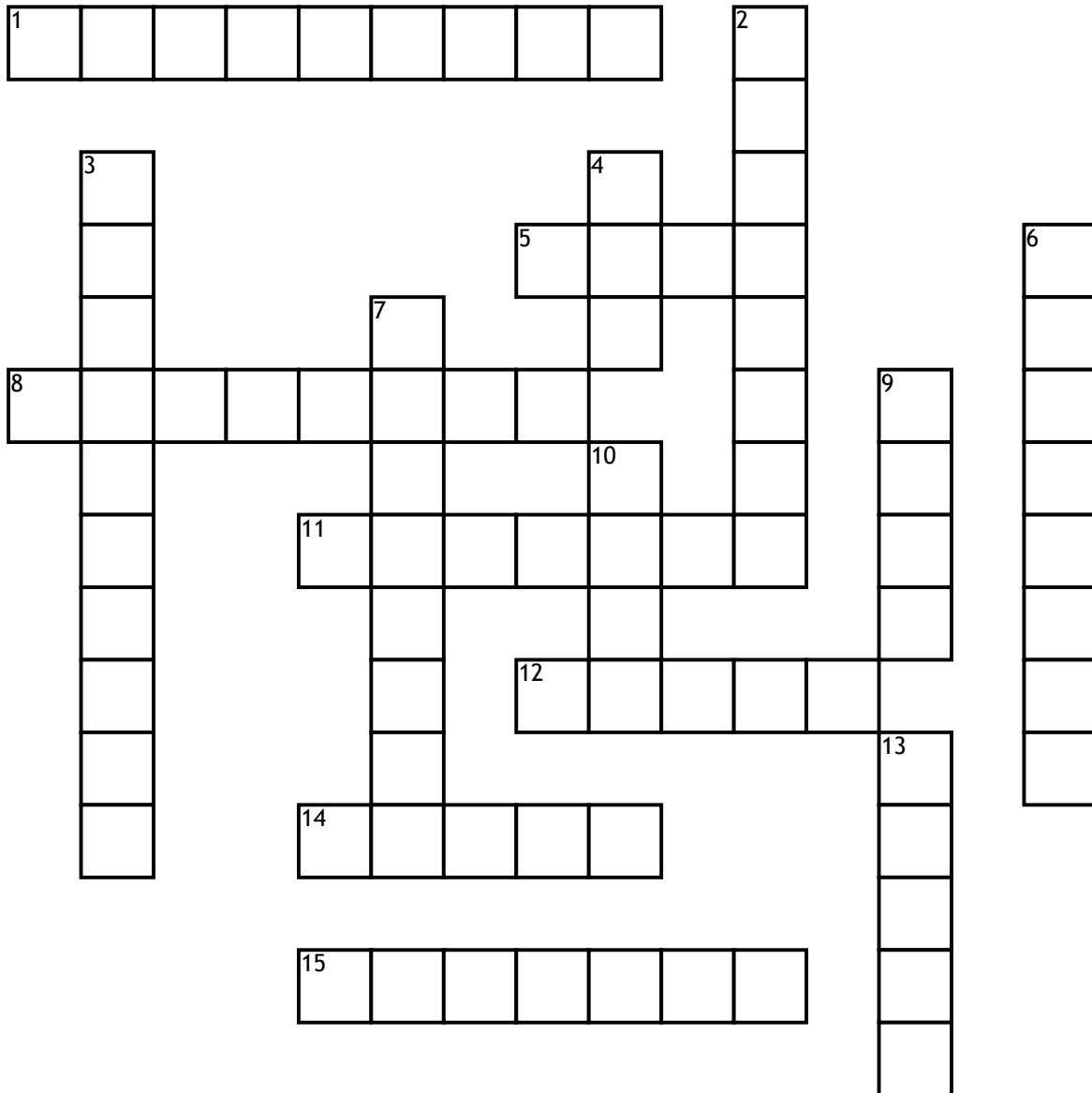


health information



Across

- 1. a person has about 10,000 of these in their mouth
- 5. it's made primarily of protein
- 8. best way to keep your teeth healthy
- 11. the hardest bone in your body

- 12. you have about 110,000 of these on your head
- 14. you need to drink 2 liters of this each day
- 15. you have ten of them

Down

- 2. increases life expectancy and overall health
- 3. can cause tiredness and physical pain

- 4. allows you to hear sounds
- 6. releases insulin to process sugar
- 7. important for eye health
- 9. it is your largest organ
- 10. gentle stretching exercises
- 13. it is comprised of 33 bones