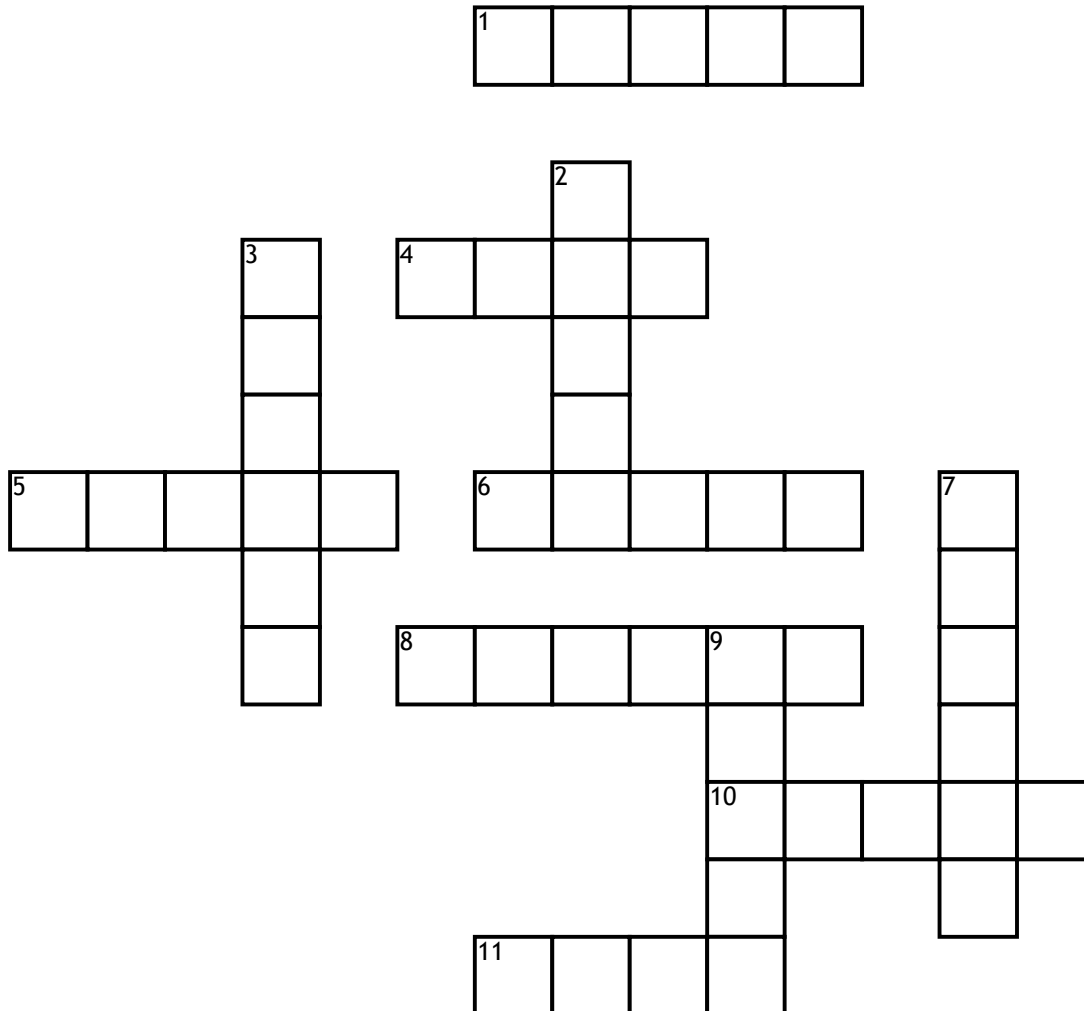


Name: _____

Date: _____

healthy eating



Across

1. Is a cucumber a fruit or vegetable?
4. Name a dairy product that you can drink
5. What do we import from Canada to make bread?
6. You should eat this colour rice
8. Name a type of protein
10. What colour are Golden Delicious apples?

11. What type of vegetable is a carrot?

Down

2. What is the main ingredient in bread?
3. Name a yellow fruit that grows on a tree
7. Name an unhealthy fat
9. How many glasses of water should you drink each day?