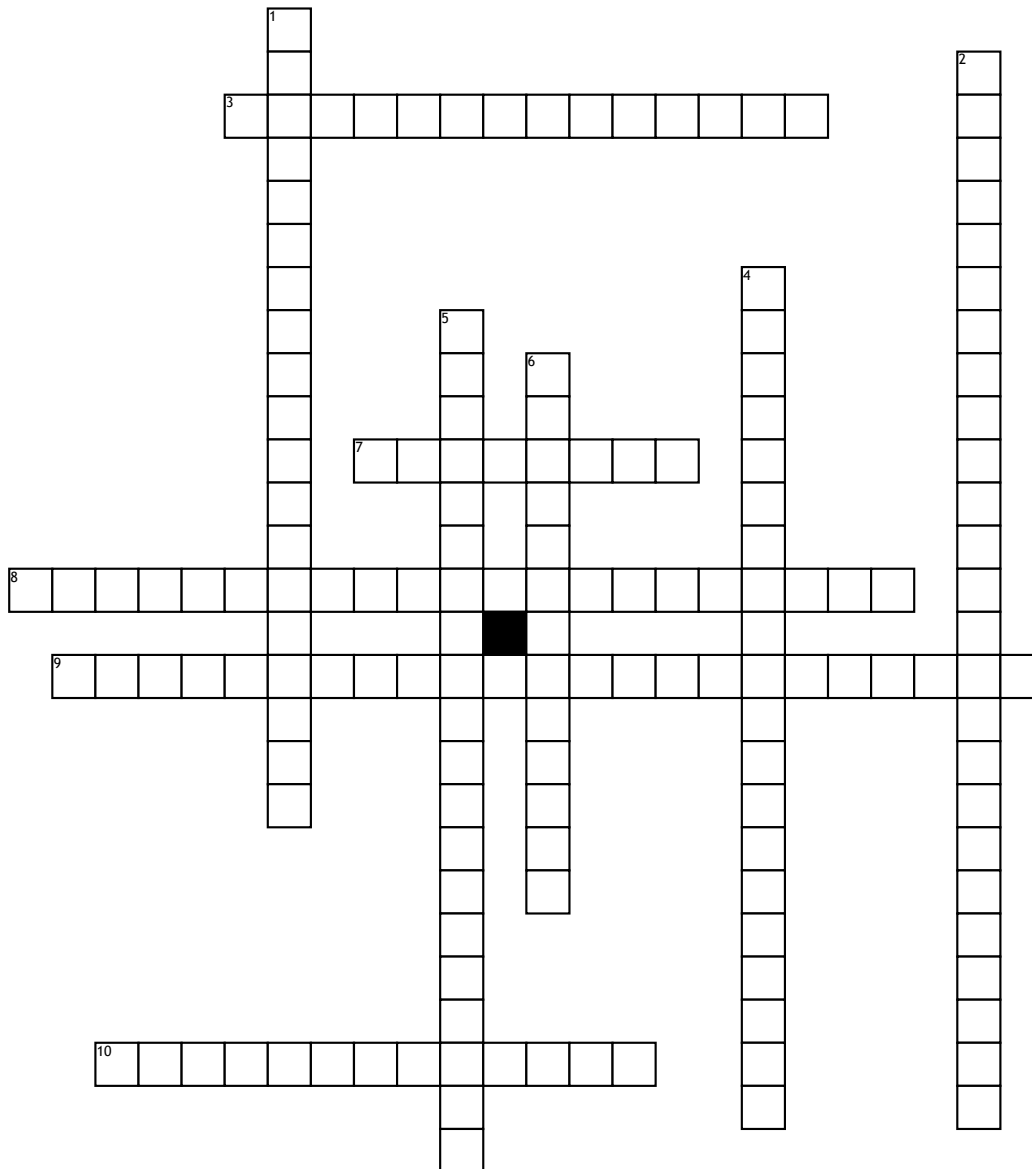


Name: _____

Date: _____

humanistic approach a01



Across

3. what is essential in being human regards to being goal oriented, fulfilled and satisfied
7. what is it called when the approach suggests human beings are essentially self determining
8. what may stop a person from reaching their potential in the hierarchy?
9. how can a person move through Maslow's hierarchy to get to self-actualisation?
10. who is the psychologist that came up with the hierarchy of needs that motivate our behaviour

Down

1. how can a person work towards self-actualisation and fulfill their potential?
2. what will occur if parents set boundaries on their love for their children?
4. what should psychology concern itself with rather than general laws?
5. what is the therapy that Rogers invented to help close the gap between the individual's concept of self and their idealistic self?
6. what will happen to somebody experiencing incongruence?