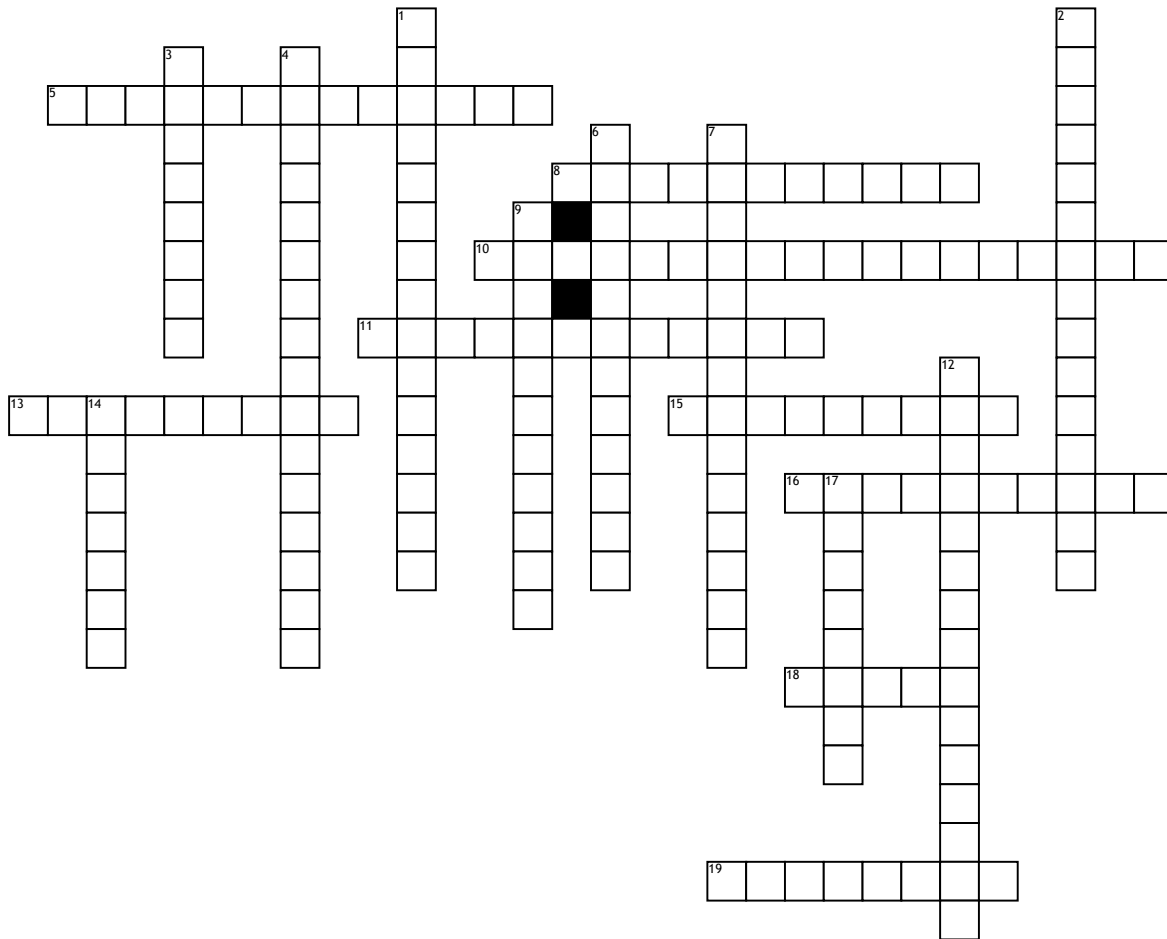


Name: _____

Date: _____

hydro



Across

- 5. Muscle spasm and related pain
- 8. Muscle spasms, decreased blood flow, decreased ROM, joint pain...
- 10. Poor circulation, anemia, low thyroid activity
- 11. Stimulate abdominal and pelvic organs
- 13. Poor circulation, muscle spasm, pain, amputations or burns
- 15. Produce short/mild fever, colds, flu, RA, HYPOTENSION
- 16. Acute pain, active trigger point, muscle spasm, decreased muscle tone

18. Produce short mild fever but without the use of moisture

19. Stimulate skin, muscles and nervous system to increase vigor, sluggish circulation

Down

- 1. Insomnia, constipation, subacute or early chronic stage of inflammation
- 2. Arthritis and stiff joints
- 3. Stimulating, slough off dead skin
- 4. Local infection, non acute or chronic injuries, bruises, Edema, venous stasis

6. Relieve edema, heat, redness, and pain associated with acute trauma

7. Stimulate local circulation and drainage

9. Congestive headache, pelvic congestion, warming of blood

12. Congestion of respiratory tract

14. Acute sprains, strains, joint inflammation, over heart if tachycardia

17. Increase energy level, stimulate temperature regulation, poor circulation