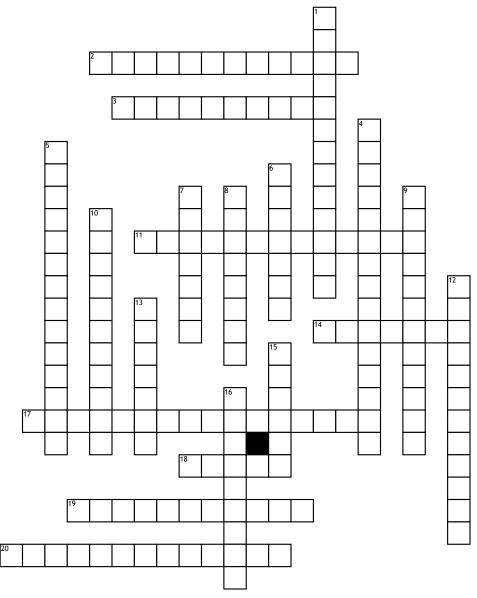
key terms



Across

- 2. baby doctor
- 3. a condition where a person is 10% or above normal weight or BMI is 25 thru 29.9
- **11.** a recommended number of daily savings for each food groups
- **14.** the body's ability to meet physical demands
- 17. using healthy food choices and exercise to maintain a healthy weight
- 18. unborn baby
- 19. abnormal loss of body fluids

20. foods that have been canned, frozen, dried, cooked, or fortified

Down

- 1. a body mass index of 18.5 to 24.9 in an adult
- **4.** a physical activity that speeds a person's heart rate and breathing
- **5.** abnormal eating behavior that human one physically or mentally
- **6.** the unit used use to measure the amount of energy value in foods
- **7.** a diet that is popular for a short period of time
- **8.** stages of human growth from birth through maturnity

- **9.** Influence of people in the same age group
- **10.** a reaction to the body's immune system when exposed to protein in foods
- **12.** doctors who specialize in the care of pregnant women and child birth
- **13.** a condition in which there is excessive fat in the body and the BMI is 30 or more
- **15.** Physical or mental tension causes by a reaction to a situation
- **16.** producing breast milk{breast-feeding}