

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# manicure

1. what polish hardens to improve the surface hardness or durability? **A. tapotement**
2. how do you remove old cuticles from the nail bed? **B. round nail**
3. what polish improves adhesion's of polish **C. cuticle remover**
4. what is petroleum by product that has excellent sealing properties? **D. wooden pusher, nail brush**
5. what type of massage is kneading is lifting squeezing and pressing the tissue? **E. paraffin bath**
6. the ----nail is suited to thin hands with long fingers and narrow nail beds is called? **F. four coats**
7. what are some of the disposable implements ? **G. petrissage**
8. in the 1870s who discovered the therapeutic use of essential oils? **H. pointed nail**
9. the --- nail is completely straight across with no rounding at the outside edges **I. metal pusher,nippers**
10. what type of massage is rapid tapping or striking motion of the hand against the hand? **J. Rene Maurice Gattefosse**
11. what are some of the reusable implements? **K. oval nail**
12. to prevent the spread of communicable diseases , it is imperative to? **L. squoval nail**
13. what is a succession of strokes in which the hands glide over an area is called ? **M. polish remover**
14. the ---nail should be slightly tapered and usually should extend just a bit past the finger tip is called? **N. gloves**
15. the --- nail has a square free edge that is rounded off at the corner edges is called a ? **O. effleurage**
16. what removes nail polish? **P. square nail**
17. how many coats of polish do you use to polish the nails? **Q. wash hands**

**18. what does the operator use on his/her hands while giving a manicure?**

**R. base coat**

**19. what nail has a conservative nail shape that thought to be attractive on the most women's hands is called?**

**S. nailhardnerpolish**