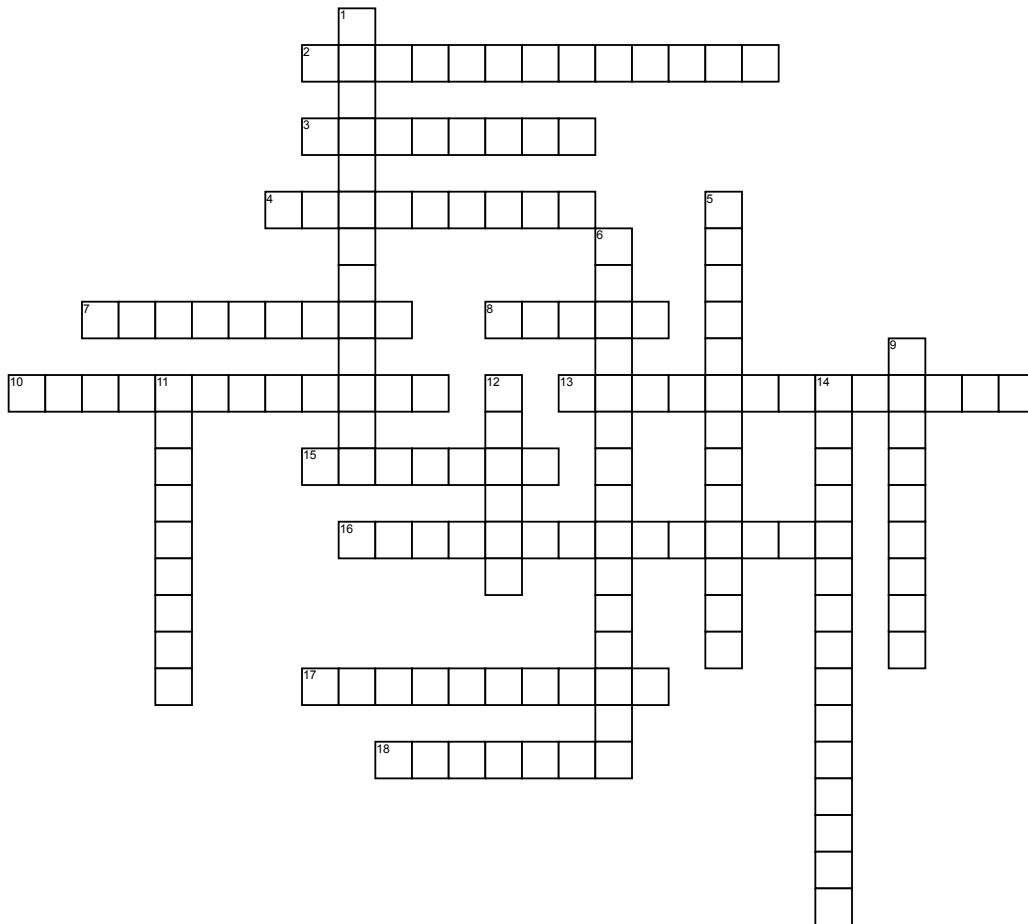


Name: _____

Date: _____

muscles



Across

2. alongside the soleus muscle this muscle forms half of the calf muscle
 3. skeletal muscle located in the thigh
 4. smallest muscle in the human body
 7. muscle that is used to tilt and turn the head and neck, retracts the scapula
 8. muscle on the upper front arm
 10. muscle found in your digestive system

13. the muscle that handles most of the work when performing a push up
 15. muscle located in the outer aspect of the shoulder
 16. largest muscle in the body
 17. muscle also known as abs
 18. this muscle is antagonistic to the biceps

Down

1. muscle that pumps blood throughout your body
 5. this muscle helps straighten out the back

6. muscle that moves our body parts

9. muscle that runs along back of the thigh
 11. one of the major muscles of the back, responsible for moving and rotating and stabilizing the scapula
 12. muscles on the back of the upper arm
 14. large flat muscle on the back

Word Bank

gastrocnemius	stapedius	latissimus dorsi	deltoid	adductor
tricep	gluteus maximus	cardiac muscle	triceps	trapezius
smooth muscle	skeletal muscles	pectoral major	bicep	hamstring
abdominals	trapezius	erector spinae		