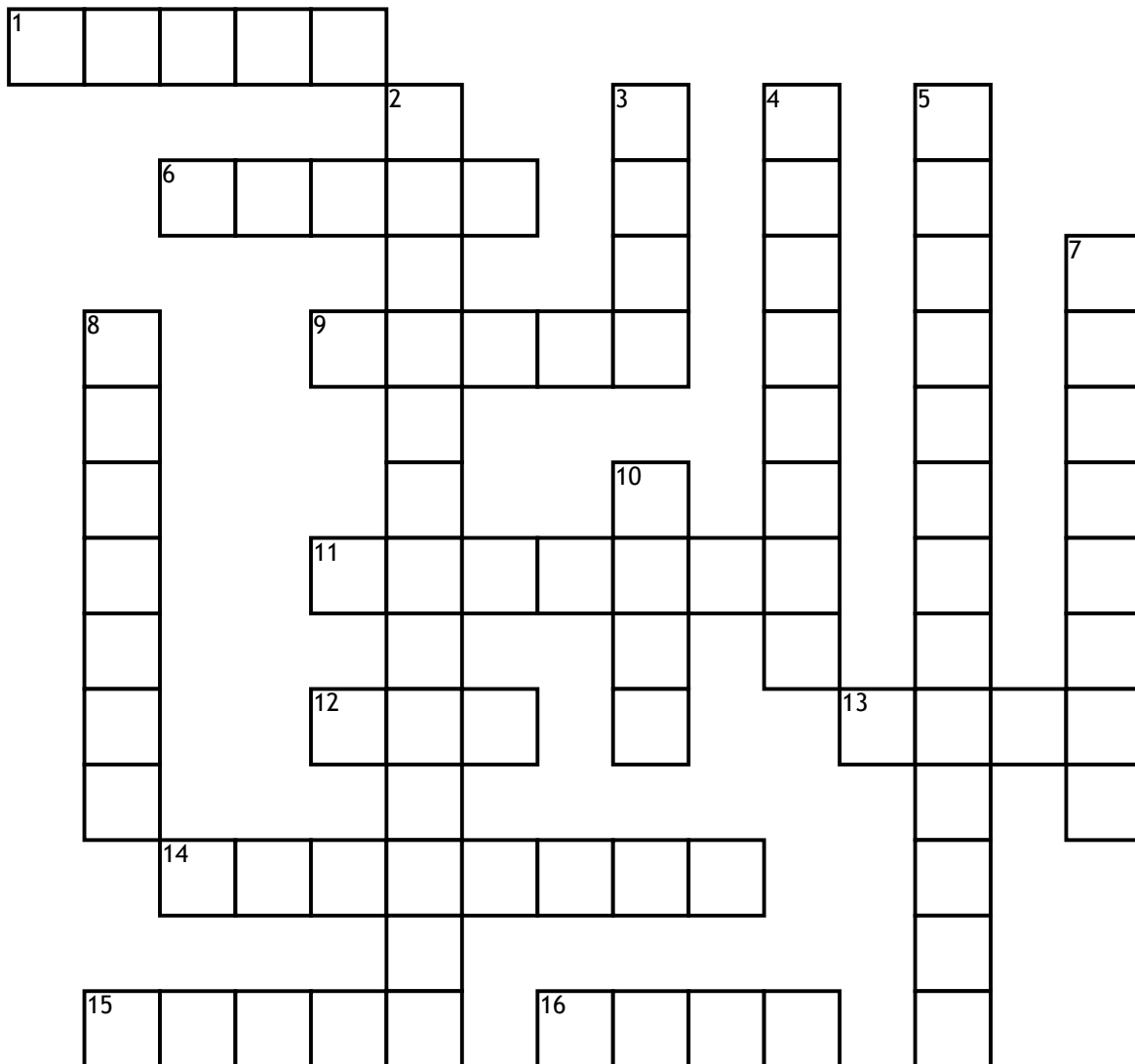


Name: _____

Date: _____

nutrient word search



Across

1. is a well known diet

6. so you keep hydrated

9. helps pass things through our stomach

11. it involves cheese and milk

12. makes a person

13. helps blood production

14. a energy drink

15. a diet that involves alot of meat

16. we kill cows for

Down

2. a diet that hepls with blood presure

3. i very unhealthy drink

4. helps repair tissuses

5. best food is

7. hepls maintain healthy skin and vision

8. is good for your bones and teeth

10. its a green vegetable