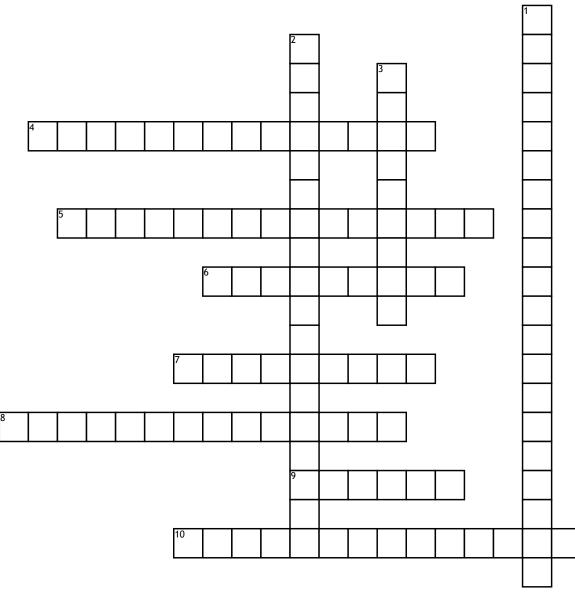
## nutrition



## <u>Across</u>

**4.** these nutrients are needed in small amounts

**5.** the average daily intake of a nutrient that is used to meet the nutritonal requirements of the majority of people of a specific age or gender

**6.** the jobs a nutrient carries out in the body

7. chemical substances that make up food

**8.** these nutrients are needed in large amounts

**9.** a food or something else that provides nutrients to the body

**10.** a way of grouping similar things together

## <u>Down</u>

1. the composition of something is the elements that it is made up of

**2.** diseases that occur when the body is lacking a particular nutrient over a period of time

3. the study of food