

Name: _____ Date: _____ Period: _____

protein

N Q I M E P D P A S S I O N F R U I T D E D O U
I S U W K T N K V X J H X H W E E J D J D Y A Q
E V V I Q X P F U T S Y B R F O J D R I E I Q C
T E I A N I J P B M M T G V A W V P B K E U N P
O L Q J Y O Q C O C R A I E N S O I W I S M V L
R N K U K L A O R H A E M I K A L W R Q A K O B
P Q H M E Q R R R D Q M L I T N E L T N I S H W
G W Q R K H U O D A C O V A O K G K U E H E X S
A S T S S O Q X H Y A H F H E K M D B B C Q S X
O A P U M T O M H I U N W L W R Y E F X G Y T F
J E M O O G R A P E F R U I T E I E W Z K A S Y
O P U X G H E Y C B M L F C J T D S B P S E F S
M T H Y V H V J Q H P P B Q Q T K N C I E U K V
Q E I T W E F V V Z I R P G V U Q I S D M X X C
X E D D R K P Q S M O Q Y M W B E K S Q X H S E
W W D N T V O I H C A T S I P T L P T B I B H N
I S Z W I B F J C P W A G N P U J M O L P H M J
H R V M V M E O O V C K E Q U N N U F R M C A W
L B J T I S L A G D T Q H N U A H P A S R A K F
P C W P H I N K N I F E G G A E B Z C S R N L D
U U V V K W D Q P S P T W V P P K Z C G C I G G
P N G E T A N A R G E M O P V D W V J M Z P H R
L I F R S B S W H S T C I Y J O J C A U E S W E
A D N O M L A O W H L Z K A F K U Y P P R O D R

passion fruit

peanut butter

pumpkin seed

pomegranate

grapefruit

sweet peas

chia seed

mushrooms

pistachio

broccoli

avocado

protein

spinach

almond

lentil

quinoa

beans

seeds

meat

egg