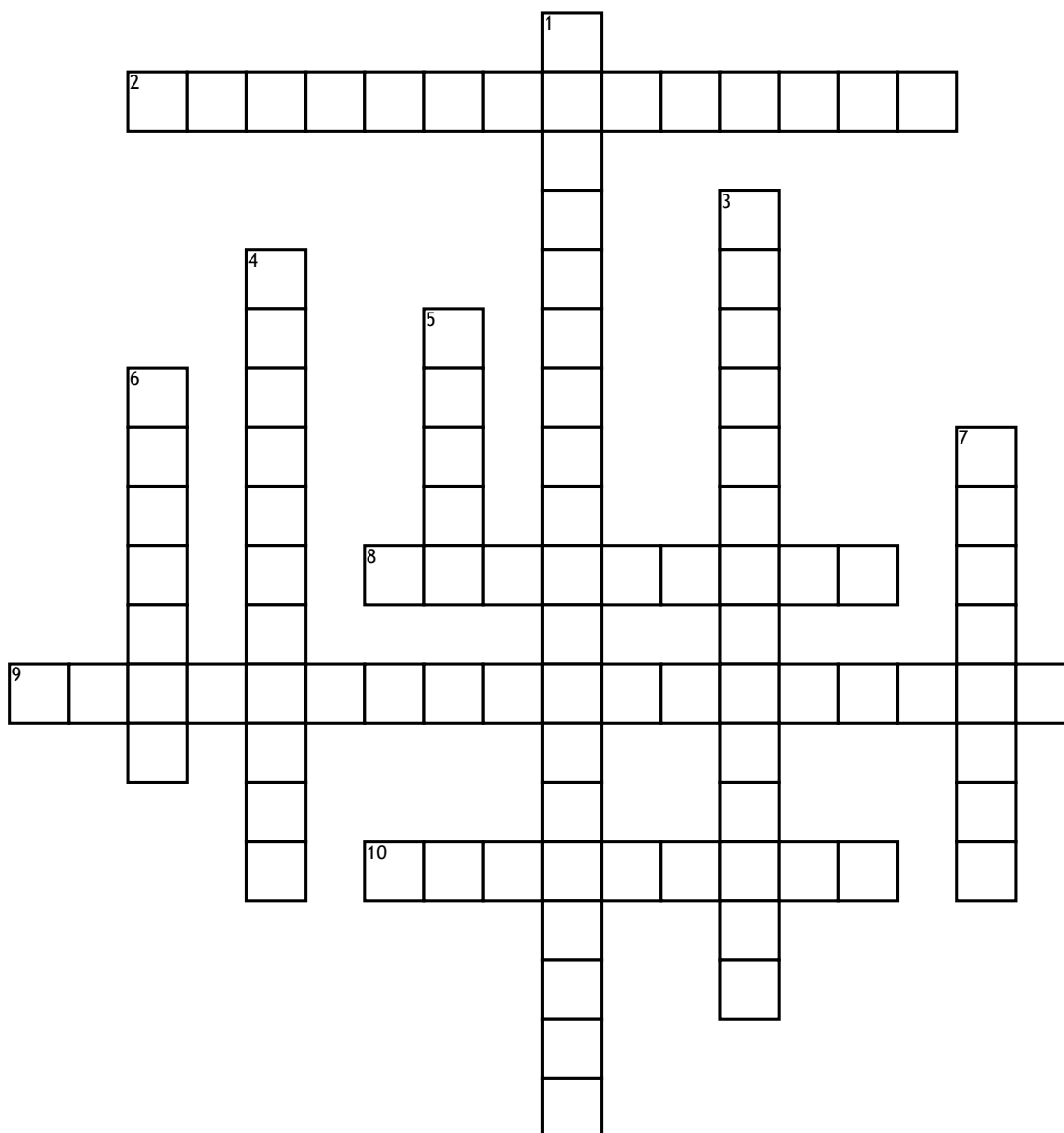


Name: _____

Date: _____

psychological problems



Across

2. when something doesn't have a positive way of thinking around it

8. true to life

9. unrealistic way of thinking when stressed

10. the attitude of someone who thinks of the worst

Down

1. when you tell yourself that there is no way to get out or do something

3. negative way of thinking that doesn't match with reality

4. the process which behaviour and actions are explained

5. third number

6. environmental factors that affect who you are

7. to stop something which is tricky