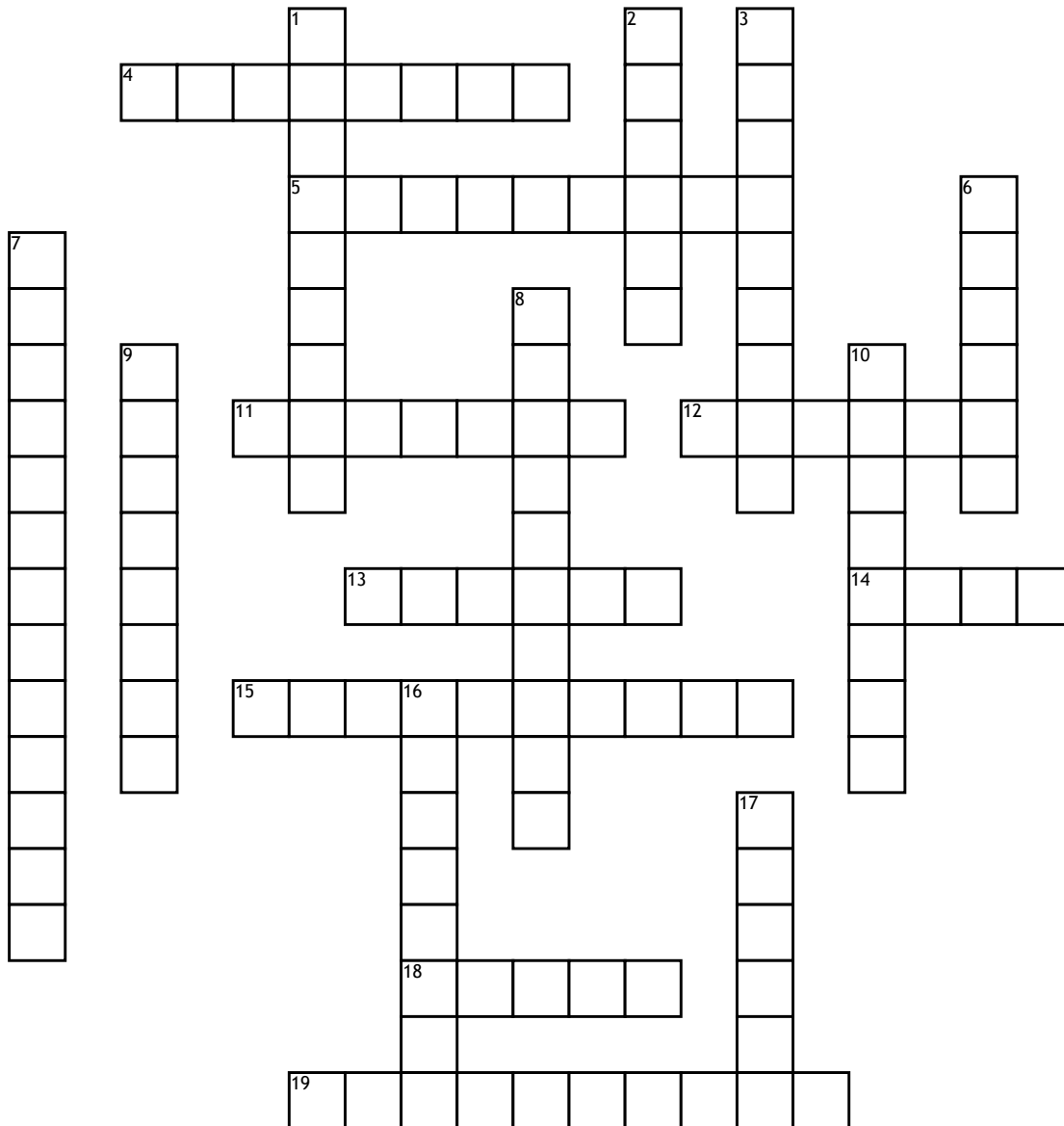


Name: \_\_\_\_\_

# resiliency cross word



## Across

- 4. Resilient people work on solving a problem rather than let themselves become paralyzed by negativity. They keep planning for the future even when things aren't working out.
- 5. Always gets back up
- 11. the best view comes after the ..... climb
- 12. well being
- 13. Even in the toughest of times resilient people find a way to care for others, because sometimes being selfless is the best way to discover your own strength.

- 14. difficulties break some men but ..... others.
- 15. what will stop me from becoming resilient?
- 18. The tougher the situation, the tougher you become.
- 19. these make physical exercise feel good

## Down

- 1. Taha wairua
- 2. someone my age that will help me in tough times
- 3. Taha Hinengaro
- 6. Taha Whanau

- 7. Resilient people maintain strong and supportive relationships, both personal and professional. As a result, they have caring, supportive people around them in times of crisis.
- 8. what will help be become more resilient?
- 9. Taha Tinana
- 10. make me happy and are highly addictive
- 16. she stood in the storm, and when the wind did not blow her way she..... her sails.
- 17. cancer survivor