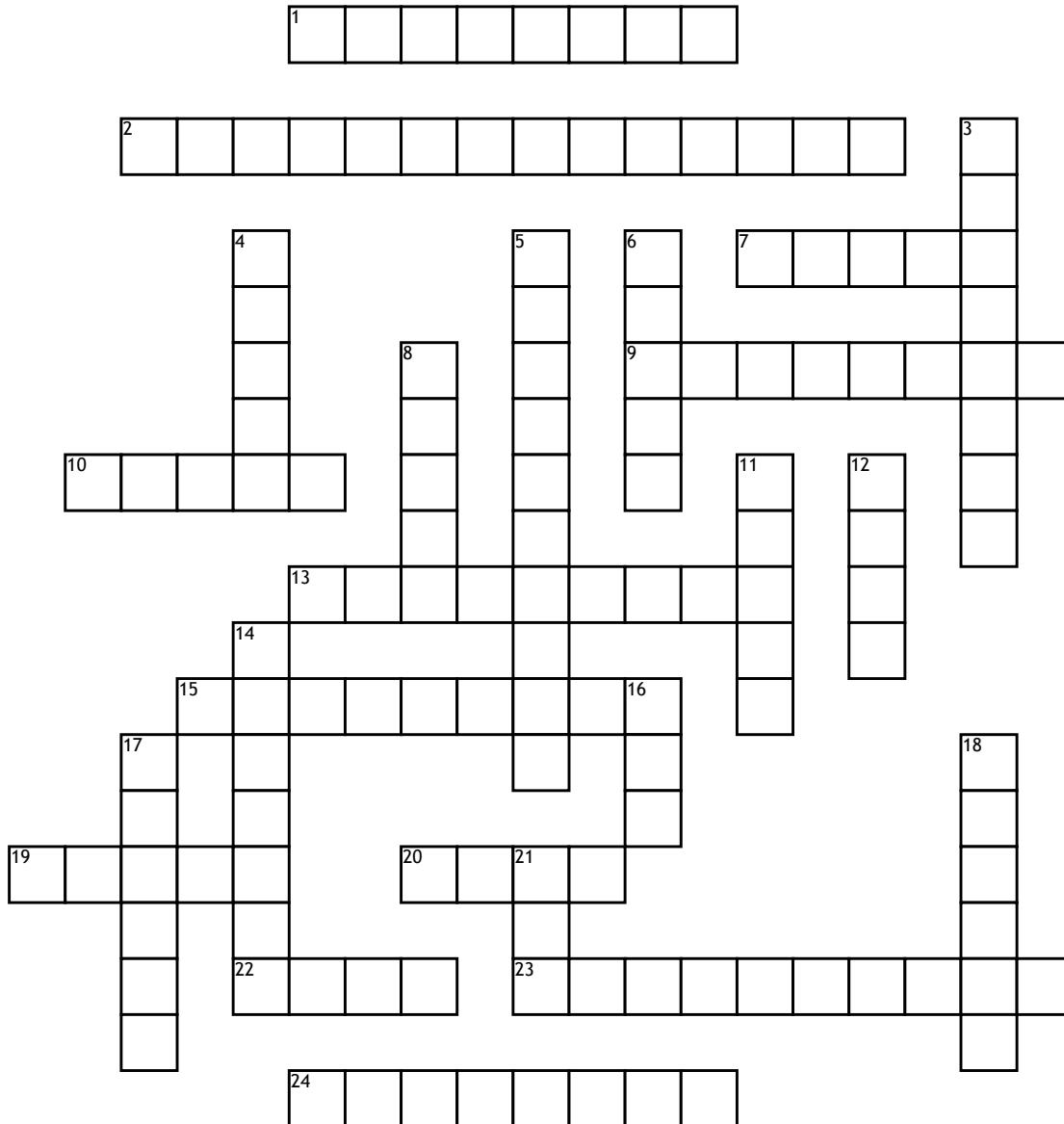


Name: _____

the Y



Across

- 1. Days the Y is open
- 2. Especially for active seniors
- 7. Branch Executive Director
- 9. Kids play while parents workout
- 10. The Y in YMCA stands for
- 13. Preschool
- 15. You often see Ricky
- 19. Perspire

- 20. Do this on the track

- 22. The Greater Susquehanna Valley
- 23. Wednesdays n the gym
- 24. Adults discuss readings

Down

- 3. Way to get fit at the Y
- 4. Coffee Provided by
- 5. Name of the youth center
- 6. Equipment in the cycling room

- 8. Pool and group exercise class

- 11. Raquetball courts dedicated to
- 12. Monday at 1
- 14. Happens Here
- 16. Basketball
- 17. Minimum age for personal training
- 18. Name of fitness center
- 21. friday 5:30 to 8