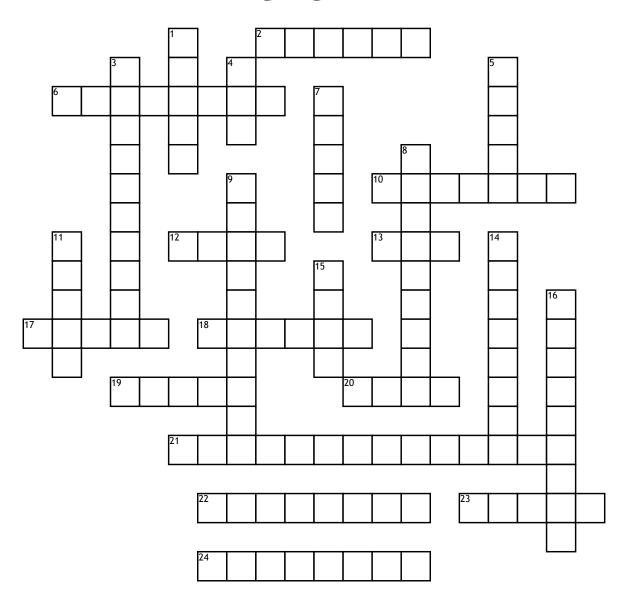
the Y



Across

- **2.** Minimum age for personal training
- 6. The Y is open
- 10. Happens Here
- **12.** Greater Susquehanna Valley
- 13. Basketball
- **17.** The Y stands for
- **18.** Fitness Center
- **19.** pool and group exercise class

- 20. Mondays at 1
- **21.** Especially for active seniors
- 22. Adults discuss reading
- **23.** Equipment in the cycling room
- **24.** How to get fit at the Y

Down

- **1.** Branch Executive Director
- 3. Youth center

- 4. Friday 5:30 to 8
- 5. Perspire
- **7.** Raquetball courts dedicated to
- 8. You often see Ricky
- **9.** Wednesdays in the gym
- 11. Coffee Provided by
- **14.** Where kids play while parents workout
- 15. On the track
- 16. Preschool