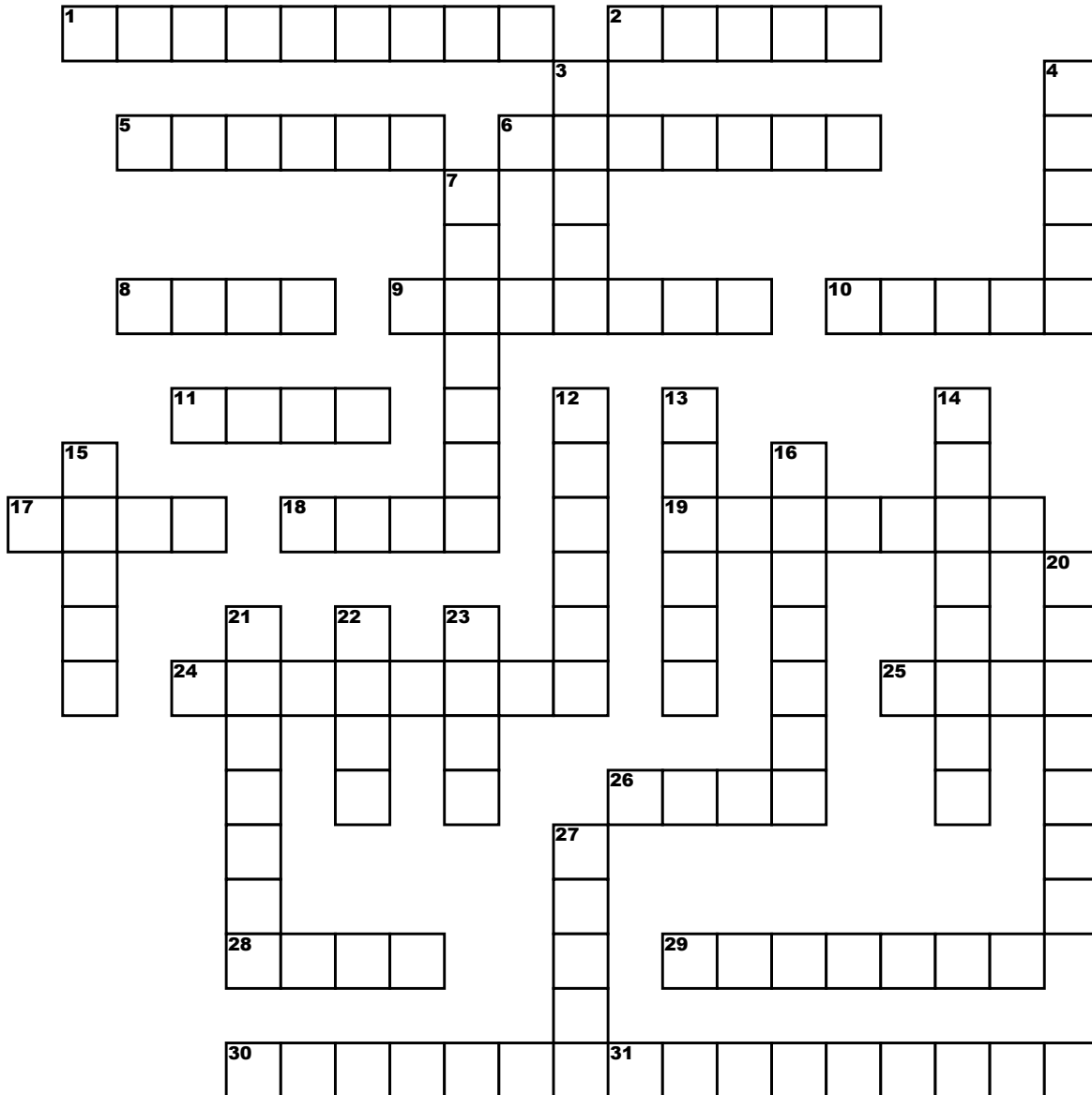


tops



Across

- 1. carrots**
- 2. 8 glasses a day**
- 5. found in bread**
- 6. meat has lots**
- 8. bad for your blood pressure**
- 9. control size**
- 10. it makes things rise**
- 11. not a gain**
- 17. need it to live**
- 18. reach your goal**
- 19. over weight**

24. everything you eat thas them

- 25. helpfull**
- 26. arms and legs attached**
- 28. not a lose**
- 29. we are here for**
- 30. keep off**
- 31. one for another**

Down

- 3. name of your teams**
- 4. our team names**
- 7. good and bad**

12. bad food

- 13. kim each week**
- 14. c**
- 15. we all set them**
- 16. eat**
- 20. sick**
- 21. good exercise**
- 22. we belong**
- 23. good for the bones**
- 27. trans**