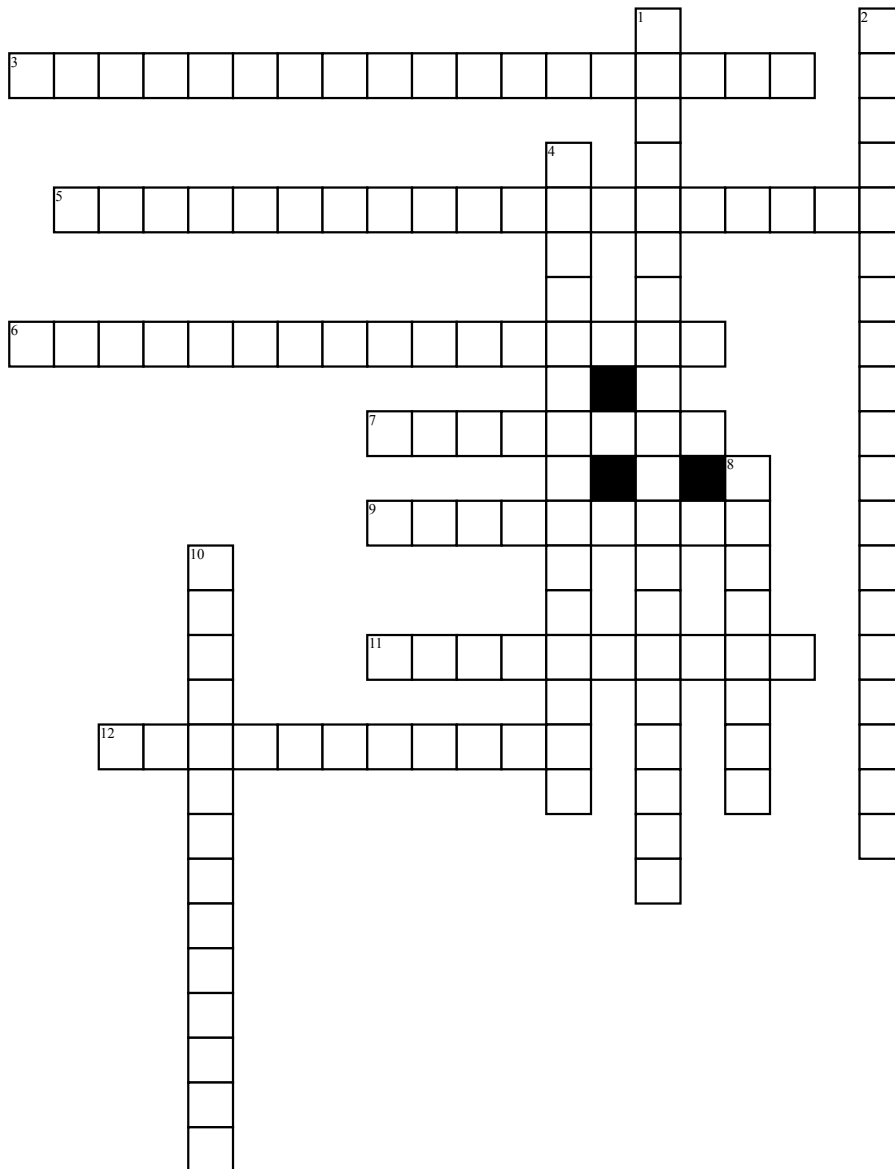


Name: _____

Date: _____

unit 8



Across

3. the body's resting rate of energy expenditure
5. The four stages of sexual responding described by Masters and Johnson - excitement, plateau, orgasm, and resolution
6. Maslow's pyramid of human needs, beginning at the base with physiological needs that must first be satisfied before higher-level safety needs and then psychological needs become active
7. a complex behavior that is rigidly patterned throughout a species and is unlearned
9. a positive or negative environmental stimulus that motivates behavior

11. a need or desire that energizes and directs behavior

12. a tendency to maintain a balanced or constant internal state; the regulation of any aspect of body chemistry, such as blood glucose, around a particular level

Down

1. the idea that a physiological need creates an aroused tension state (a drive) that motivates an organism to satisfy the need
2. significant binge-eating episodes, followed by distress, disgust, or guilt, but without the compensatory purging, fasting, or excessive exercise that marks bulimia nervosa.

4. an eating disorder in which a normal-weight person diets and becomes significantly underweight, yet, still feeling fat, continues to starve

8. the point at which an individual's "weight thermostat" is supposedly set. When the body falls below this weight, an increase in hunger and a lowered metabolic rate may act to restore the lost weight.

10. an eating disorder characterized by episodes of overeating, usually of high-calorie foods, followed by vomiting, laxative use, fasting, or excessive exercise